



BIRCH BARK NEWS

AG SOCIETY

The next meeting will be held on March 4 at 7:00 pm at the Eaglesham Hall.

ALCOHOLICS ANONYMOUS

Open AA Meetings are held at the Country Charm Corner Store Sunday evenings at 7:00 pm.

8th ANNUAL SPRING SCURRY

Come play with us! Kids races, 5 km, 10 km! Walkers welcome!

Date: May 3 / Location: Watino

There will be a special performance by the Hula Hoop circus before and after the race!

There will also be a Silent Auction and Fresh Air Market! Lunch: \$5.00 - chili and a bun

Register online and SAVE at eventbrite.ca.

WHAT IS THE EAGLESHAM & DISTRICT AGRICULTURAL SOCIETY?

We are a group of enthusiastic volunteers. We endeavour to enhance the rural quality of life of our residents. We host and support events throughout the year within our communities. Our planning meetings are lively and happy. Please join with us, bring your ideas and energy. Everyone is welcome. We meet once each month, usually the first Wednesday evening, watch the newsletter for times and locations. Be a part of something BIGGER! And, come by to see how the old fairgrounds have been upgraded into a nice park for all ages to enjoy. Check out our website at www.eaglesham.biz.

WEST SMOKY RECREATION CENTRE

The winter programming is coming to a close but the ice will be in again next winter. A huge thank you goes out to all the parents and volunteers who helped with CanSkate, Pond Hockey and Family Day. We also thank the Eaglesham Ag Society for the lighting funding and Jason Ouellet and the crew of men who installed the new High Bay LED lights over the ice. The Fitness Room will continue throughout the year and meeting rooms are available for rent. See www.eaglesham.biz/wsrc for details.

EAGLESHAM SOCIAL CENTRE

Enjoy an evening of great food and community spirit on the last Tuesday of every month at 6:00 pm. Bring your favourite dish or pay \$5. Cards, table games and billiards will follow the supper. For more info call 780-359-2427.

EXERCISE CLASSES IN EAGLESHAM

Tabata HIIT Training! (for ages 16+)

Tues and Thurs 6:45 pm - 7:45 pm at West Smoky Rec Centre, from March 3 to April 9. Morning classes will be added. Train with ACE certified group fitness instructor/fitness enthusiast Deanna Proach. 60 min of low impact, high intensity interval training, for people of all fitness levels. Exercises designed to build strength, endurance, flexibility and help you feel more energetic. Cost: Drop-in fee \$10/session; 5-class punch card for \$50; 10-class punch card for \$100. For \$35 extra per month the Rec Centre gives unlimited access to their fitness centre.

ZUMBA Classes (for ages 16+)

Have fun while exercising to music Wed evenings 6:45 - 7:45 pm at Eaglesham Senior Social Centre, Mar 4 to Apr 8. Low to mid intensity and low impact for people of all fitness levels. Drop-in fee of \$10/session or \$60 for 6 sessions. Contact Deanna at deannaproach@gmail.com or 604-989-1835 to register. To learn more, visit www.onestepfitness.net or follow her on Instagram@1_step_fit.

COMMUNITY COFFEE TIME

Enjoy Community Coffee Time Monday to Friday from 8:30 to 10:00 am at the Social Centre, Main Street Eaglesham. All ages welcome! Tea and coffee are \$2, juice and soft drinks are \$1.

TANGENT SOCIAL CLUB

COFFEE TIME: Tues & Thurs: 2:00 to 4:00 pm.

Drop in for coffee, tea, juice, water or pop. There is a key-lock box outside for members to play a game of pool or use the free wifi!

For more info contact Deb at 780-837-6265.

AGM: AGM will be held on March 16 at 2:00 pm. Everyone is welcome to attend – they are a community-minded club!

MEMBER APPIE AFTERNOON: Bring your favourite appetizer for all to taste on March 19. Cricut Workshop: March 23 from 10:00 am to 5:00 pm will be hosted jointly by the Tangent Library and Tangent Social Club. Cost \$65/person.

MARCH 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
1 CC 11:00 am RC Mass Tangent AA Meeting	2	3	4 Ag Meeting Junior Youth	5	6	7 RC Mass Eaglesham
8 CC 11:00 am RC Mass Tangent AA Meeting	9	10 Run Club 10:00 am Dolly's Royal Purple Meeting	11	12 Run Club 10:00 am Watino	13 Run Club Eaglesham School 4:00 pm	14 RC Mass Eaglesham
15 CC 11:00 am RC Mass Tangent AA Meeting	16 Tangent Social Club AGM	17 St. Patrick's Day Run Club 10:00 am Dolly's	18 Junior Youth	19 Appie Afternoon Run Club 10:00 am Watino	20 Run Club Eaglesham School 4:00 pm	21 RC Mass Eaglesham
22 CC 11:00 am RC Mass Tangent AA Meeting	23 Cricut Workshop	24 Run Club 10:00 am Dolly's	25	26 Run Club 10:00 am Watino	27 Run Club Eaglesham School 4:00 pm	28 RC Mass Eaglesham
29 CC 11:00 am RC Mass Tangent AA Meeting	30	31 Eaglesham Social Centre Potluck Supper Run Club 10:00 am Dolly's			Need small engine repaired or chain saw sharpened? Contact Leon Mesher in Eaglesham at 780-837-5283 or leon_mesher@outlook.com	

CC = Eaglesham Community Church RC = Roman Catholic Church

CHURCH SERVICE SCHEDULE
EAGLESHAM COMMUNITY CHURCH (CC):
 11:00 am Service
ROMAN CATHOLIC CHURCH (RC):
 Mass: Sundays in Tangent at 9:00 am
 Saturdays in Eaglesham at 4:00 pm

BIRCH HILLS COUNTY LIBRARY HOURS
EAGLESHAM LIBRARY
 First working Monday of the month:
 10:30 am-12:00 pm, 1:30 pm-2:45 pm
 Tuesday: 9:00-11:30 am, 12:30-4:30 pm
 Wednesday: 9:00-11:30am, 12:30-3:30 pm
 Thursday: 9:00-11:30am, 12:30-4:30 pm
TANGENT LIBRARY
 Sunday: 11:00 am to 2:00 pm
 Tuesday: 11:00 am to 3:00 pm
 Thursday: 4:30 pm to 7:30 pm

ROYAL PURPLE ELKS
 Join the local Royal Purple! The Order of Royal Purple Elks 318 meet the second Tuesday of the month at 7:30 pm at the Eaglesham Hall.

HEALTH SPOTLIGHT

It's definitely time to get out of the house. Days are warmer and longer. And farming hasn't started yet. You keep saying you're "going to lose weight" and "get more active" and here's your chance. Run/Walk Club is starting our 10 week training for the Spring Scurry. Did you know that we only run/walk as fast as we can talk to the person beside us comfortably? We have lots of fun and get some fresh air and exercise. It's a win/win! Hope to see you out soon! For more details call Jeanette at 780-605-2215.



Have a Happy Day!

Jeanette

Being Irish, he had an abiding sense of tragedy, which sustained him
 through temporary periods of joy. — William Butler Yeats
 Love is never defeated, and I could add, the history of Ireland proves it. — Pope John Paul II
 Being Irish is very much a part of who I am I take it everywhere with me. — Colin Farrell