

## Important Dates & Meetings

**COCO Meeting: – Mon. Oct. 15th- 6:30 pm**

**- in the legion room in the arena**

**Seniors Meeting: Tues Oct. 2<sup>nd</sup> – 1:00 pm @ Senior Center**

## COCO Newsletter

October 2018

### *Birch Hills Seniors News*

#### *Soup and Sandwich*

- 1st Tuesday of the month at the Seniors Center
- Noon 'til 1:00pm
- Donation accepted for lunch.
- Meeting follows at 1:00pm



at the Birch Hills Senior Center  
Thursdays at 1pm  
Everyone is welcome.



Birch Hills Senior Center is hosting a Taco Supper  
Saturday September 22<sup>nd</sup>  
@ 5pm

\$5.00 per person

If anyone has extra garden veggies they would like to donate to the supper call Betty Grusie 780 694 3947 or  
Lynn Connell 780 864 0669

### *Morning Coffee*



Birch Hills Senior Center  
7:00 am - 9:30 am  
Week day mornings

#### Area Events **Thanksgiving Markets**

Tangent: Sat. Oct 6<sup>th</sup> - 10am  
Rycroft: Thur. Oct 4<sup>th</sup> - noon



#### **Christmas Craft Shows:**

- \* Tangent - December 1st
- \* Rycroft - December 7<sup>th</sup> & 8<sup>th</sup>
- \* Spirit River November 2<sup>nd</sup> & 3<sup>rd</sup>
- \* Eaglesham - October 26<sup>th</sup>



#### **Garden Rock Painting**

If you are interested give Betty Grusie a call and let her know when your schedule is open and she will arrange times to suit the schedule of the greatest number of people. She will also know what supplies you will need. **ROCKS** being one of the supplies.



Birch Hills Senior Center would like to thank Liz Chura for the many years she supported our center and its members as our chairperson. Due to her moving to another community the position of chairperson will open for any dedicated member to fill. The next meeting on October 2<sup>nd</sup> the position will be filled.



**Birch Hills Senior Center is open for quilting on the weekend of Nov. 16, 17 and 18<sup>th</sup>.**

If you are wanting to finish a project or start a new project or learn to quilt you are welcome to join in on the weekend activity.

Bring your own lunch or take time to go to our local restaurant "The Bear Den".



If you would like more information about joining in on the creative fun call Betty Grusie or Lynn Connell

#### **Birch Hills Senior Center**



**Sun. Oct. 28th – COCO Hall  
5pm**

**Adults - \$10.00  
children 6 & under - free**

For more info. call Betty Grusie @ 780 694 3947  
We are also looking for some donated silent auction items. If you would like to donate contact Betty.

